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The Runners Shop

Musicians



24th Annual Fun Run \ Walk

5K Run \ Walk
1 Mile Run \ Walk

Sunday
September 11, 2011
Registration 12:30 - 1:15 P.M.
Race Time 1:30 P.M.
Picnic to Follow Race

All proceeds are used to support the programs of the
Black Hills Symphony Orchestra,
your community symphony.

Black Hills Symphony Fun Run \ Walk

DATE: Sunday, Sept. 11, 2011

TIME: Registration 12:30 - 1:15 PM
Race Time 1:30 PM

LOCATION: Memorial Park Band Shell

INFORMATION: Nancy Olney at 342-4772
BHSO at 348-4676

PRE-REGISTRATION:

Entries must be received
by 5 PM Wednesday Sept. 7th at
The Runners Shop, 41 E. Omaha,
or mailed to
The Black Hills Symphony Orchestra
P.O. Box 2246, Rapid City, SD 57709.

*Pre-registration guarantees a t-shirt on
race day.*

ENTRY FEES:	13 & Over	12 & Under
Pre-registered	\$15	\$10
Race day	\$20	\$10

Entry includes t-shirt as available,
post race refreshments and random
drawings. Prizes for all age groups.

FOOD: Food for purchase will be provided by
Dickey's Barbeque after the race

PERFORMANCES:

Provided by BHSO & local musicians

For more information about BHSO go to:
www.bhsymphony.org

DIVISIONS:

5K Run - Male / Female	
12 & Under	40 - 49
13 - 19	50 - 59
20 - 29	60 - 69
30 - 39	70+

5K Walk - Male / Female	
12 & Under	40 - 49
13 - 19	50 - 59
20 - 29	60 - 69
30 - 39	70+

1 Mile Run - Male \ Female
1 Mile Walk - Male \ Female

COURSE: Gentle bike path with water stops.

PRIZES: BH Symphony series ticket for overall
winners in 5K races and concert coupon for
division winners.

Prizes for oldest and youngest.

Schools - Trophy for school with most
students in any combination of events

DOOR PRIZES: Every participant's name will be
entered in the drawing for door prizes.

GRAND PRIZE DRAWINGS:
Must be present to win.

CORPORATE SPONSOR- If 15 employees &
spouses indicate that they work for a
company on the entrance forms, that
company will have a student chair named for
the company in the 2011-2012 season
program.

REGISTRATION FORM - BHSO Fun Run/Walk

Waiver: "I, the undersigned, represent that I am medically fit to participate in this event. In consideration of you accepting my entry, I intending to be legally bound, do hereby for myself, my heirs, executors and administrators waive and release forever any and all rights and claims or damages I may accrue against all persons and agencies involved with promoting the Black Hills Symphony Fun Run on 9/11/11. Further, I hereby grant full permission to any and all the foregoing to use any photographs or video tapes of the race for promotional purposes."

NAME: _____ GENDER: _____ AGE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

SIGNATURE REQUIRED: _____ e-mail _____

SIGNATURE: (Parent/Guardian if under 18) _____

T-SHIRT SIZE: S ___ M ___ L ___ XL ___ 2X ___

EVENT: (Circle One) 5K Run 5K Walk 1 Mile Run 1 Mile Walk

Business or School Name: _____

Return completed entry form along with entry fee to: BHSO, P.O. Box 2246, Rapid City, SD 57709 or drop off at The Runners Shop, 41 E. Omaha, Rapid City, SD 57701.

We accept credit cards. Please call 348-4676 for payment and registration or make checks payable to BHSO.